TRANEXAMIC ACID 5% MOUTHWASH

This leaflet has been written to provide you with information on how to use tranexamic acid mouthwash after dental or oral surgery. Tranexamic acid mouthwash is given specifically to those people taking anticoagulant therapy.

WHY USE TRANEXAMIC ACID MOUTHWASH

The treatment is to prevent bleeding after oral/dental surgery in patients who are taking anticoagulants. It is an effective alternative to reducing patients’ anticoagulants before surgery, then increasing them afterwards.

This treatment allows you to keep taking your normal dose of anticoagulant. Any bleeding in the mouth is controlled by tranexamic acid working directly on the bleeding area.

It is very important that you follow these instructions and don’t miss any doses.

Use the mouthwash **four** times a day starting on the day of dental/oral surgery. Use the first dose 5-10 minutes before the extraction.

Rinse your mouth with 5ml for **two minutes** each time. Try not to swallow any of the mouthwash.

After you have used the mouthwash do not eat or drink for **one** hour. For 24 hours after your dental/oral surgery take a soft diet only.

Try to space the use of the mouthwash out throughout the day (every 6 hours is ideal). If you miss a dose, use it as soon as you remember. If you don’t remember until your next dose just use one dose (5ml) - there is no need to use twice as much.

**If your wound starts to bleed, press on it with gauze. If it does not stop bleeding after 20 minutes, contact the dentist/hospital where you had the surgery.**

Continue to use the mouthwash for 5 days after dental/oral surgery.

If your wound is still bleeding after 5 days or you have any further questions, please contact the dentist/hospital where you had surgery.

**Please show this to your doctor or pharmacist if necessary.**

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Information for patients

**KGH is a non-smoking environment**

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<tr>
<td>PIC approved</td>
<td>Sept 2006</td>
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<td>Ref.</td>
<td>10.P1.0105 Tranexamic acid</td>
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If you wish to make any comments, or require a copy of this information in another format or language, please contact the PALS Office:

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Date: March 1999

Date: August 2006

Next Review: Aug 2008

Point of issue: dispensary